

# FRESH FLYER

Weekly Specials February 12-18

Open Daily 7am-10pm



Contains medicinal mushrooms!

## Host Defense Primordial Chocolate Bars

1.4 oz. Reg. \$4.99

**\$2.99**



Share with a loved one!

## Co-op Kitchen Double Chocolate Cake for Two

Reg. \$5.99

**\$4.99**



Say it with cheese!

## Boxcarr Cottonbell Heart- Shaped Brie

Reg. \$24.99/lb

**\$5/lb off**



Toast your sweetheart!

## Dibon Cava Brut Rosé

750 ml Reg. \$12.99

**\$9.99**



Make your sweetie a sweet!

## Agostini 70% Dark Chocolate Rounds, Bulk

Reg. \$8.99/lb

**\$6.99/lb**



Spice up your Valentine's Day!

## Maggie's Taco Sauce

8 oz. Reg. \$5.49

**\$4.49**



Organic, local, high quality!

## Aurora Valley Chicken Thighs

Reg. \$5.49/lb

**\$3.99/lb**



Organic, local, high quality!

## De Casa Corn Tortillas

10 oz. Reg. \$1.99

**2/\$3**



## Whole Flower Farms Sweetheart Cookies

Made right here in Corvallis! These cookies are vegan, gluten free and absolutely delicious. Buy one for you and one for someone you love! Reg. \$1.99

**2/\$3**



First Alternative

NATURAL FOODS CO-OP

www.firstalt.coop

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Open Daily 7am-10pm



**Blueberries, 6 oz.**

Reg. \$4.49/ea

**2/\$5**



**Navel Orange,  
Heirloom & Cara Cara**

Reg. \$1.99 & \$2.49/lb

**\$1.29/lb**



**Asparagus**

Reg. \$6.99/lb

**\$3.99/lb**



Winter Green Farm

**Yellow Onion**

Reg. \$1.29/lb

**99¢/lb**



**Romanesco & Broccoli**

Reg. \$4.99 & \$3.99/lb

**\$1.49/lb**



**Mushrooms,  
White & Crimini**

Reg. \$4.99 & \$5.99/lb

**\$3.49/lb**



Winter Green Farm

**Beets, Mixed Varieties**

Reg. \$2.29/lb

**\$1.79/lb**



**First Alternative**

NATURAL FOODS CO-OP

[www.firstalt.coop](http://www.firstalt.coop)

Fresh Flyer discounts not stackable or combinable with Owner Sale Day discount or case discount.