

First Alternative NATURAL FOODS CO-OP

Fresh, local, organic groceries for everyone

North Store: 2855 NW Grant Ave • South Store: 1007 SE 3rd St

The SCOOP

September 2022



From the Board of Directors

Emily Stimac Board member

The July Board meeting was an exciting one as we welcomed our two new Board members and sorted out committee assignments.

Jeff Contreras and Patrick Monroe have joined our crew and will bring great experience and skills to our team. Jasmin Woodside remains President and Dana Monroe is serving as Vice President. Rob May continues as Treasurer and Lino Rauzi has stepped into the Secretary position. This team is our executive committee and they meet prior to meetings to set the agenda.

Other committees cover additional aspects of the Board's responsibilities including Owner Relations (Emily Stimac, Chair), Policy Governance (Lino Rauzi, Chair, and Camille Frietag), Board Recruitment and Elections Committee (Camille Frietag, Chair, and Patrick Monroe), Finance (Rob May, Chair, Jeff Contreras, and Jasmin Woodside), and Strategic Planning Committee (Jasmin Woodside, Chair).

Make sure you memorize this information because you will be quizzed on it at the end of the article...JK!

Board Committees speak to the variety of work we do as Board members. Number one, as you might guess, is maintaining our Co-op's financial health and a lot of our effort goes into reviewing and approving the budget each year. Our duty doesn't stop there, however. We work to sharpen and hone our policy governance, increase Owner involvement, and work together to plan for a healthy future for the community and our Co-op.

This brings me to the exciting news that wraps up all our Board work into a fun and exciting bundle: The Owner Rendezvous! This is an annual event put on by the Co-op for Owners to catch up on all the news from your store, tell us what you think, and get involved!

The Annual Co-op Owner Rendezvous is Sunday, September 11, from 11am-3pm, at MLK Jr. Park off of Walnut Blvd. This event is open to all Owners and is always a blast.

Not only do you get to hear a full financial report from our charming and eloquent Finance Manager Mark Tarasawa, there is FOOD, GAMES, and a COOKIE POTLUCK!



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September Board Committee Meetings

Owners interested in virtually attending meetings should contact BREC@firstalt.coop for details.

Board Recruitment & Elections Committee: Working to recruit qualified Board candidates.
Tuesday, September 13, 6pm

Finance Committee: Reviews, analyzes, and makes recommendations on financial matters.
Wednesday, September 14, 4:30pm

Owner Relations Committee: The conduit for communication between Owners and the Board.
Tuesday, September 20, 6pm

Board of Directors: Elected Owners putting our principles into action. **Tuesday, September 27, 6pm**

Strategic Planning Committee: Develops strategic plans consistent with Board's vision and direction.
TBD

Co-op Owner Rendezvous 2022

**Sunday, Sept. 11
11am - 3pm**

Walnut Barn at MLK Jr. Park



Scan for details and to RSVP



From the Board of Directors
Emily Stimac
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Ok, if that didn't get your attention, perhaps this will?! We have lined up tastings from local winemakers and brewers, a super duper bounce house to entertain your kids, and a yard game tournament with epic prizes. All this, for free, for you because you are a Co-op owner and we love you.

So what do you do next? Mark your calendar. Don't worry about getting a babysitter, we have fun lined up for the kids!

It's not required, but if you RSVP for the event using Eventbrite by September 4 you will be entered into a drawing for one of three \$20 Co-op gift cards. (Scan the QR code on the right to jump straight there, or visit firstalt.coop to find the link.)

Then, dust off your cookie recipe and start baking. We can't wait to see you there!

Okay, whew. I got a little excited there, can you tell? The number of exclamation points may have exceeded most Board articles to date. But this is important, friends. It's one of the things that makes our stores so much different than any other. We throw parties for you! So, come to the Rendezvous.

Be a part of our Co-op Community, everyone is welcome!



Co-op Owner Rendezvous 2022

Sunday, Sept. 11, 11am - 3pm
 in Walnut Barn at MLK Jr. Park, Corvallis



Scan for details and to RSVP
 please RSVP by September 4

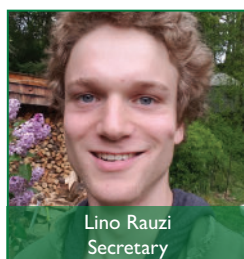
Co-op Board of Directors 2022



Jasmin Woodside
 Vice President



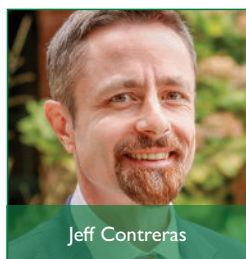
Dana Monroe
 Vice President



Lino Rauzi
 Secretary



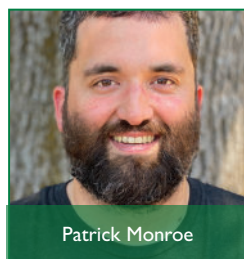
Rob May
 Treasurer



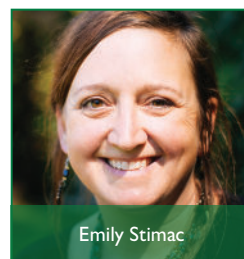
Jeff Contreras



Camille Freitag



Patrick Monroe



Emily Stimac

learn more at firstalt.coop/governance

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Save • Earn • Support • Vote

Become a Co-op Owner!

Get all the details and become an Owner today at

firstalt.coop/ownership

Community Happenings

Mid-Willamette Woodworkers Guild 39th annual exhibition of Fine Woodworking

Friday, October 14 - Sunday, October 16 at the Corvallis Public Library, 645 NW Monroe Ave, Corvallis

The Mid-Willamette Woodworkers Guild, which includes professional and hobbyist woodworkers who share their skills and techniques with one another to bring their visions to reality, will hold their 39th Annual Exhibition of Fine Woodworking October 15-16, at the Corvallis Public Library event room. Come enjoy finely hand-crafted works by local craftspeople, in designs ranging from traditional to highly original. Opening reception at 5:30 pm on October 14.

VIRTUAL Saturday 10/15 3 - 5 pm COOK ALONG WITH ELENI

Ethiopian cuisine

Fundraiser

Learn how to make delicious Ethiopian vegetarian dishes and support our work in Corvallis' sister city, Gondar, Ethiopia.

\$55 (INCLUDES SPICES & INJERA-TRADITIONAL BREAD)

Registration and additional information
sistercities.corvallis.or.us



For more information about Eleni and her classes, visit eleniskitchen.com

The Co-op welcomed

44

new Owners
in July 2022

The Co-op and the Sustainability Coalition will be serving...

FROZEN DESSERTS

And other treats at..



Proceeds from the booth help support the Corvallis Sustainability Coalition.



Saturday, September 24 & Sunday, September 25

Look for us on NW Monroe Ave. near Central Park



Co-op Owner Rendezvous 2022

Sunday, September 11, 11am-3pm
at Walnut Barn, in Dr. Martin Luther King Jr. Park, Corvallis



Co-op Owners, join us for a day of food, drinks, and family fun in the park! Details & RSVP at firstalt.coop or scan here: